



Grades 1 & 2 BASKETBALL RULES

These are the rules of the league that will be upheld during the season, so please read and understand, if you have any questions, please contact the AD at the Club.

Playing Time:

- Each player must play equal time.
- Each player should start at least one game.

Practices:

- All practice schedules must be cleared with the AD at the Boys and Girls Club.
- Practices should not last more than 45 minutes.

General:

This is an instructional basketball league with focus being on teaching the game of basketball to all participants. Except as indicated below, Jr. NBA and USA basketball rules will apply. <https://www.nba.com/news/nba-usa-basketball-youth-basketball-rules>

Coaches:

Coaches are expected to referee their own games with one coach from each team being on the court at all times to give instruction. Coaches must respect each others calls at all times during the game. Any coach or parent displaying unsportsmanlike conduct will be given a warning the first time, and a technical the second occurrence. If the problem persists, the coach or parent will be asked to leave the facility. A coach receiving one technical will not be allowed to coach the team the remainder of the game. Any coach found displaying unsportsmanlike conduct will not be allowed to coach, following the season and in the future at the Boys and Girls Club.

Quarters:

- 4 quarters of 8 minutes in length
- Clock will not stop, except for injuries and time outs
- 1 minute between quarters and 2 minutes between halves

Timeouts:

- 1 per half (30 seconds each)

Rules:

No score will be kept during the game during the Fall Season

No ten second rule

No free throws

No 3-point baskets

Basket height will be 8ft for 1st and 2nd grade

Basketball size will be 27.5" for 1st and 2nd grade

Personal fouls will not be recorded; however, the coach should stop the game momentarily to teach/correct the entire team if the same foul persists

Substitutions can take place anytime during a dead ball.

Defenses:

No zone defense of any kind will be allowed. Double-teaming will be allowed only in the paint area.

Each player must actively guard his opposing player. We use matching wrist bands to help the kids remember whom to guard.

No pressing at any time.

The offensive team, after losing possession, must retreat to the center line before picking up his/her player on defense.

Players may not steal the ball out of the hand of the opposing team, steals are only allowed off of the pass.

Blocks are only allowed if the player does not jump.

There will be no games/practices on days when school has been cancelled. Check our website www.bgcboone.org and your Email for any last-minute cancellations due to inclement weather. If a game is cancelled, we will try to reschedule.

TEACH THE FUNDAMENTALS AND HAVE FUN!!!