



1-2 Grade Basketball Rules

These are the rules of the league that will be upheld during the season, so please read and understand, if you have any questions, please contact the AD at the Club.

Playing Time:

- Each player must play equal time per game.
- Each player should start at least one game.

Practices:

- Practices will take place 30 minutes before game time.
 - Ex.) If you are scheduled for a 9:00 AM game, then you will practice from 9:00-9:30 and play your game from 9:30-10:00 AM.

General:

This is an instructional basketball league with focus being on teaching the game of basketball to all participants. Except as indicated below, Jr. NBA and USA basketball rules will apply.

Coaches:

Coaches are expected to referee their own games with one coach from each team being on the court at all times to give instruction. Coaches must respect each other's calls at all times during the game. Any coach or parent displaying unsportsmanlike conduct will be given a warning the first time, and a technical the second occurrence. If the problem persists, the coach or parent will be asked to leave the facility. A coach receiving one technical will not be allowed to coach the team the remainder of the game. Any coach found displaying unsportsmanlike conduct will not be allowed to coach, following the season and in the future at the Boys and Girls Club.

Quarters:

- 4 quarters of 7 minutes in length
- Clock will not stop, except for injuries and time outs
- 1 minute between quarters and 2 minutes between halves

Timeouts:

- 1 per half

Rules:

- No score will be kept during the game
- No ten second rule
- No free throws
- Personal fouls will not be recorded; however, the coach should stop the game momentarily to teach/correct the entire team if the same foul persists.
- Players may substitute at any time

Defenses:

- No zone defense of any kind will be allowed.
- Double-teaming will be allowed only in the paint area.
- Each player must actively guard his opposing player. We use matching wrist bands to help the kids remember whom to guard.
- No pressing at any time
- The offensive team, after losing possession, must retreat to the center line before picking up his/her player on defense.
- No steals off the dribble
- Blocks are only allowed if the player does not jump

There will be no games/practices on days when Boone County is under a weather emergency. If school is closed on Friday, call the Club for an update of the schedule or check our website www.bgcboone.org If a game is canceled, we will make an effort to reschedule.